

# 2019 timetable

Nov2018

ADULT

## MONDAY

### Zumba

Zumba – all abilities	9:30 – 10:30am
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## TUESDAY

### Adult Ballet

Advanced Open & RAD Repertoire	9:30 – 11:00am
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Beginner	11:00 – 12:00pm
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## WEDNESDAY

### Zumba

Trim Tone & Stretch	9:15 – 10:15am
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Zumba – all abilities	10:15 – 11:15am
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## THURSDAY

### Dancefit

All levels – Hip Hop, Salsa, Cha Cha	9:30 – 10:30am
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### Adult Ballet

Beginner	11:00 – 12:00pm
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Intermediate	9:00 – 10:00am
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Advanced RAD Repertoire	10:00 – 11:00am
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### Jazz

Broadway Jazz	7:45 – 8:45pm
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## FRIDAY

### Zumba

Zumba Fitness – all abilities	9:30 – 10:30am
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Trim, Tone & Stretch	10:30 – 11:30am
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